## PHILOMATH MIDDLE SCHOOL TRACK SCHEDULE 2023

| Date | Location and Teams | Dismiss <br> Time | Leave <br> Time | Approx. <br> Return |
| :--- | :--- | :--- | :--- | :--- |
| $3 / 21$ | Team Photos @ 3:15pm <br> Parent Meeting 5:00 - Library |  |  |  |
| $4 / 6$ | Philomath, Newport, French <br> Prairie, Sweet Home <br> @ Philomath High School | *Parents please plan on volunteering* |  |  |

**Dismiss/Leave times are subjective to bus availability - if times change, communication will happen from the coaches via email ${ }^{* *}$
Most meets start at: 4:00pm

4:15pm $\quad$\begin{tabular}{l}
Field Events <br>
Running Events

$\quad$

*Home meets are made possible by parent volunteers. <br>
Please help support our students and track program by <br>
volunteering to help. No experienceneeded.
\end{tabular}

Coaches:

Athletic Director: Chad Matthews
nancy.thompson@philomath.k12.or.us nate.goodson@philomath.k12.or.us alan.jozwiak@philomath.k12.or.us
chad.matthews@philomath.k12.or.us

[^0]
## Locations:

Central High School 1530 Monmouth St, Independence, OR 97351
Newport High School 322 NE Eads St, Newport, OR 97365
Sweet Home High School (Husky Field) 1012 22nd Ave, Sweet Home, OR 97386

## Standard Order of Running Events:

| 100 Meter Hurdles |
| :--- |
| $4 \times 100$ Relay |
| 1500 Meters |
| 100 Meters |
| 400 Meters |
| 800 Meters |
| 200 Meters |
| $4 \times 400$ Relay |

Field events generally begin 15 minutes before the running events. The order of field events may vary. Announcements are made at the track meet.

- Discus
- High Jump
- Long Jump
- Shot Put
- Javelin


[^0]:    *** If your athlete has a cell phone, please allow him or her to call you after away track meets to confirm arrival time.

