

WEEKLY WARRIOR

Official Newsletter of Philomath High School

Friday Night Lights: Celebrating Our Seniors!

A Night to Remember

Last Friday night was extra special as we honored our football players and cheerleaders during Senior Night!



Under the lights, we celebrated the dedication, hard work, and school spirit these seniors have brought to our community throughout their high school careers. From Friday night games to early morning practices, they've given their all—and it showed!

Thank you to the families, friends, and fans who came out to support our seniors and make the evening unforgettable. Here's to the memories made and the bright futures ahead!

**IN OCTOBER ALONE, WE HAD SEVENTEEN
★ POSITIVE BEHAVIOR REFERRALS GIVEN BY
TEACHERS! AMAZING STUFF, WARRIORS! ★**

Graduate EVERY student and transition each of them into a job, training, or college.



Follow us on
Instagram
@phswarriornation

Dates to Remember

November
10th
11th
18th
25th
26th-27th
December
1st

• Winter Sports Parent Night
• No School
• Blood Drive
• End of Trimester
• Thanksgiving Break
• No School

FAMILY VS. STUDENT CHALLENGE:

Would you Rather?

Last week's 'Would You Rather' was: **Would you rather have a monster under the bed, or a ghost in the closet?** Results are in!

Students decided they would prefer a visitor underneath the mattress as opposed to a ghost among their t-shirts. Parents preferred the idea of having some spiritual assistance in choosing an outfit.

This week, you are posed with the question: **Would you rather be in a pumpkin pie eating contest, or dress as a pilgrim for a day?** Use the QR code to participate in this week's 'Would You Rather!'



THE HIDDEN DANGER IN GAS STATIONS: What Parents and Teens Need to Know About Kratom

As Red Ribbon Week reminds us to prioritize drug prevention, a dangerous new threat is emerging in an unexpected place: your local gas station.

What is Kratom?

Kratom products, particularly those containing high concentrations of 7-hydroxymitragynine (7-OH), are being marketed as "natural" herbal supplements or energy boosters. But don't be fooled by the packaging. These products act on the same opioid receptors in the brain as prescription painkillers and can be just as deadly.

Why You Should Be Concerned:

The tragic story of Jeremy Rivers, an 18-year-old Bay Area teen, illustrates the danger. Struggling with social anxiety, he bought his first 7-OH pill from a gas station out of curiosity. Within three months, he had spent over \$5,000 feeding his addiction.

Kratom is spreading rapidly among young people, and the consequences can be fatal. Products sold as powders, capsules, gummies, or even drink mixes may contain dangerously high concentrations of 7-OH, yet they're marketed as harmless "plant-based" solutions.

The Risks Are Real:

- Addiction with severe withdrawal symptoms
- Liver damage, nausea, and vomiting
- Seizures and hallucinations
- Respiratory depression that can lead to death
- Extreme danger when mixed with alcohol or other substances



What Makes This Different?

Unlike other opioids, kratom remains unregulated at the federal level, creating a patchwork of state laws. This means these potentially lethal products can be sold legally in many areas, making them easily accessible to curious teens.

What You Can Do:

Talk to the young people in your life about kratom. Despite its "natural" marketing, it's a highly addictive substance that has claimed lives. If you see these products in local stores, speak up. Awareness is our first line of defense.

The FDA is working to address this crisis, but until then, knowledge is power. Share this information with your community—it could save a life.

END OF TRIMESTER APPROACHING: Time for a Grade Check-In



MARK YOUR CALENDARS: NOVEMBER 25TH

The end of the first trimester is just around the corner—November 25th will be here before we know it! This is an important milestone in the school year and the perfect time for parents to check in on their child's academic progress.

TAKE A FEW MINUTES TO REVIEW

We encourage all parents to log into **Synergy** and/or **Canvas** to review your child's current grades and assignments. These platforms provide real-time insights into:

- Current grades in each class
- Missing or incomplete assignments
- Upcoming tests and projects
- Teacher comments and feedback

Regular monitoring helps you stay informed and allows you to support your child's success before the trimester closes.

QUESTIONS? REACH OUT TO TEACHERS

If you notice any concerns or have questions about your child's performance, don't hesitate to reach out. Teachers are here to help and can be contacted directly via email. Whether it's clarifying an assignment, discussing study strategies, or exploring ways to improve a grade, open communication makes all the difference.

Monday Homerooms:

Building Skills for Life and Career Success



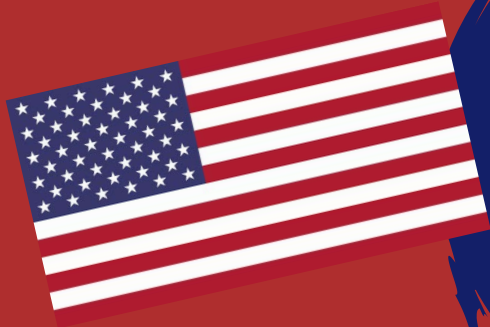
Our Monday homeroom sessions continue to provide students with essential life skills and career preparation. Recently, students have made significant progress in building their professional foundations:

- **YouScience assessments** have been completed, helping students discover their aptitudes and potential career paths
- **Resume** writing skills have been developed across all grade levels
- Seniors have taken the next step by completing their **cover letters**, preparing them for college applications and job opportunities

These practical tools will serve our students well as they navigate their future educational and career choices.

PHS VETERANS' DAY ASSEMBLY

PHS will be having a Veterans' Day Assembly! All families and veterans are welcome to attend.



When?
November 10th
11:47a.m.-12:12p.m.

Where?
PHS auditorium



Lunch will be provided for all veterans and their families. RSVP to Jessica Mattson at jessica.mattson@philomath.k12.or.us !



AMERICAN RED CROSS BLOOD DRIVE

On November 18th , PHS will be hosting an American Red Cross Blood Drive! If you feel led to give, please consider signing up!

Details:

- Blood Drive will run on November 18th from 8:30a.m. to 1:30p.m.
- Donors must be at least 16 years old
- Donors under the age of 18 need a parental consent waiver signed
- If participating in athletics through PHS at time of donation, athletes must consult with their coach before donating
- Make sure to eat breakfast the morning of donation, and drink plenty of water throughout the upcoming days and day of donation
- If you are interested in signing up (and are a student), you can sign up at the table outside the community conference room, and if you are a community member/parent willing and able to donate, contact Jessica Mattson at jessica.mattson@philomath.k12.or.us!





2026 Yearbook



Layered Pricing Details

Order between **August 18 and December 22nd** and take advantage of the **first tier pricing- \$50**

Order between **December 23rd and February 9th** for **second tier pricing- \$55**

Order between **February 10th and March 23rd** for **third tier pricing- \$60**

There will be **limited books available to purchase at distribution- \$65**

Purchase early and save! Yearbooks can be ordered through the front office by contacting **Dawnia Kohn**.

Senior Info:

Senior Portraits are due no later than November 20th. Please try to get them in early so that we can ensure quality and provide the best portrait in the Yearbook. If no portrait is submitted prior to the submission deadline we will be using the school pictures for the portrait. To upload your portrait use this link:
<https://yearbookshare.com/eShare/?code=6268>

Baby Ads are due no later than October 30th. Please try to get them in early so that we can ensure quality and provide the best layout in the Yearbook. To upload your Baby Ad (**seniors only**) please use this link:
<https://yearbookordercenter.com/>
and enter the school code **6268**.

Once you are on the website for Philomath you will click on **Yearbook Ads** in the upper right hand corner.

For a **“Baby Ad”** you will then select the size from the top row. Once you have done this it will then walk you through creating your ad and will process payment when you are ready to submit.

Business Ads:

If you would like another way to show your support for the students of your community or if you know someone who has a business that proudly serves the Philomath community, please consider showing that support by purchasing a business ad in the yearbook. Not only does it **promote your business** throughout the community, it **demonstrates a commitment to the students and their families who proudly attend Philomath High School**. We have worked to streamline the process for ease of use so that you can design, and submit the ad exactly the way you want it in just a few easy steps.

Business Ads are due no later than October 30th. Please try to get them in early so that we can ensure the quality you deserve and provide the best layout in the Yearbook. To upload your Business Ad please use this link: <https://yearbookordercenter.com/> and enter the school code **6268**.

Once you are on the website for Philomath you will click on **Yearbook Ads in the upper right hand corner**.

For a Business Ad you will then select the size from the bottom row. Once you have done this it will then walk you through creating your ad and will process payment when you are ready to submit. **The students at PHS cannot thank you enough for your support.**

Go Warriors!

THANK YOU, THANK YOU, THANK YOU!

On behalf of the PSD Counseling Team and Family Support Liaison, I would like to thank our community for the generous donations we received over the past few days to fund our Weekend FoodPack Program. This program's sole purpose is to provide food for students in Philomath School District as they head into the weekend. We received over \$2,500 for our program from caring members of our community, and our entire team is beyond grateful for the much needed support! This will allow us to add an intentional source of protein to each pack to help nourish our students. The donation link is always available for anyone who wishes to donate. PSD Foodpack Program (Select District and FoodPack) Thank you for supporting the youth in our community that are facing food insecurity! Philomath truly showed up for the children!



- Ms. Drennen

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**Maria K. Drennen, EdD
PHS Counselor
Freshmen & Sophomores**





Hours of Service

Nancy's Food Pantry and June's Kids Kloset

Clothing for infants-High School

Tuesday: 4:30-7:30 PM

Thursday: 9:00 AM- Noon

Every Third Saturday:

12:30-3:30 PM

These services may be accessed twice per month

Philomath Community Services

360 South 9th Street

Philomath, Oregon 97370

541-929-2499

www.philomathcommunityservices.org

***Philomath Community Services is an Equal
Opportunity Provider***

ATHLETICS & ACTIVITIES

Girls Soccer Advances to State Quarter Finals



Photo Credit Philomath News

Philomath's girls soccer team overcame rainy, slippery conditions to defeat Molalla 4-1 and advance to the 4A state quarterfinals. Early goals from Ana Candanoza and Kya Bolton set the tone, with Bolton and senior Ellie Dye adding second-half scores, while goalkeeper Makena Sleeman anchored the defense with eight saves. The Warriors, seeking to break their six-year "quarterfinal curse," now face third-seeded Scappoose on Saturday in a matchup between two 14-1-1 teams.

Volleyball Headed to State Quarter Finals



Photo Credit Philomath News

Philomath High's volleyball team swept Madras 25-19, 25-18, 25-21 to advance to the Class 4A state tournament for the first time since 2021. Junior Megan Ward led with 15 kills, while strong performances from Nora Stanley, Taylor Hudson, and Avery Smith helped secure the win. The fifth-seeded Warriors (16-6) now prepare to face league rival Cascade in Friday's quarterfinals, aiming to build on their growing confidence and team chemistry.

PHS Athletic Events Next Week

Monday, 11/10

- Winter Sports Parents Night @ 7pm

Tuesday, 11/11

- Girls Soccer Semi Finals TBD

ATHLETICS & ACTIVITIES

Boys and Girls Cross Country Teams Win District Titles



Photo Credit Philomath News



Photo Credit Philomath News

Philomath's cross-country teams swept the Oregon West Conference Championships, with senior Leo Pausch and sophomore Cassidy Smart winning the boys' and girls' titles to lead both squads to state berths. The boys captured their first conference crown since 2022, edging Newport and Stayton, while the girls claimed their 13th straight title behind strong finishes from Reagan Nuño, Sienna Bushnell, and Libby Kramer. Both teams now head to the OSAA 4A State Championships in Eugene, where Pausch and Smart enter as top contenders for individual state titles.

Winter Sports Parent Night Monday, November 10th @ 7pm

Winter Sports Begin Monday, November 17th

Register for Winter Sports @ [PHS Athletics Page](#)

- Boys Basketball
- Girls Basketball
- Swimming
- Wrestling



Information

Below you will find links to corresponding sites that will provide you with current information for athletics and activities.

OSAA

- Game schedules; dismissal, departure, and return times; rosters; coaches contact information, etc.

PHS Athletics Page

- Calendar, sports registration, athletic forms, athletic handbook and policies, athletic fundraisers, etc.

Athletic.net

- XC and Track and Field meet information.

Philomath News

- Local coverage about Warrior sports.

Please note that game times are subject to change, so please check schedules prior to scheduled events.

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