

WEEKLY WARRIOR

Official Newsletter of Philomath High School

Two made All-State Dance Team

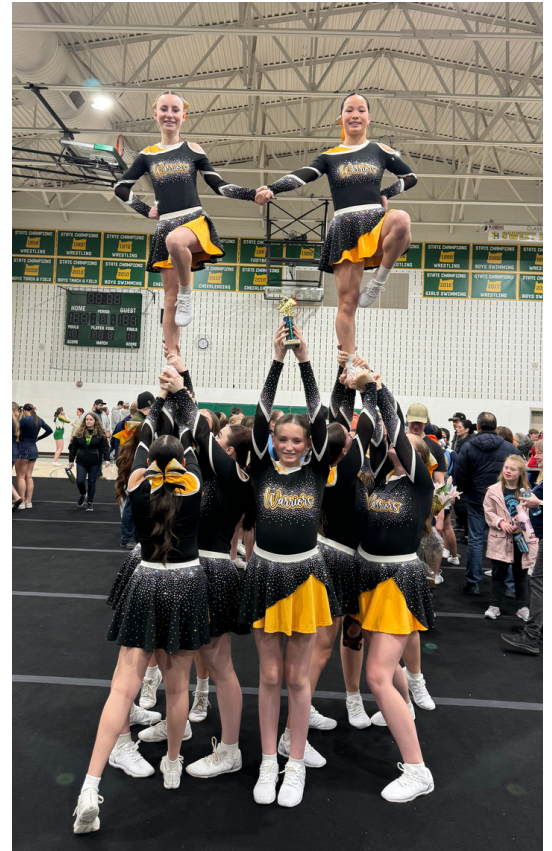


Our Shining Stars dance team members seniors Kayli Blake and Jadyn McMullen made the All-state 1A-4A team last weekend in Wilsonville. They will perform the All-State dance at the state dance competition.

Cheer places second



After a week delay due to weather, Warrior cheer was able to make it to the Sweet Home Cheer Classic where they brought home second place.



Swim team celebrates seniors

Swim team honored seniors Madison Juhl, Ginny Lauzzana, Henry Katsikis and (not pictured) Marshall Morrison at the last home meet of the season.



Graduate EVERY student and transition each of them into a job, training, or college.



Follow us on Instagram
@phswarriornation

Dates to Remember

February

- 3 Court of Hearts Dance - 7:30 pm
- 19 Inclement Weather Make-Up Day
- 21 Chat with the Principal - 5 pm
- 28 PSD Band Concert - 5:30 pm

March

- 15 No School
- 20 Chat with the Principal - 5 pm
- 25-29 Spring Break

From ASB

By Lorelei Schell

Kahoot game

ASB will be hosting a kahoot game on Wednesday during lunch. Make sure to show up and show off your trivia skills!

Pancake breakfast

Friday, Feb. 2, ASB will be hosting a pancake breakfast before school. Come to school hungry and enjoy some pancakes with your friends!

Court of Hearts Dance

The Court of Hearts Dance will be on Feb. 3. Doors open at 7:30 pm and admission is \$5 at the door. Get your outfits ready and find your people to go with! Make sure to show up for a chance to win some cool door prizes.

Polar Plunge

Polar Plunge is coming up on Feb. 17! We want to be the biggest group in the water. Please sign up and join in on the fun!

Court of Hearts Dance
Winter Semi-Formal

Music-Food-Games
DOOR PRIZES

3
February

7:30-10:00 P.M.
\$5 Admission
PHS Auditorium

Senior News:

College Fairs Online:

College Fairs Online promotes free virtual college fairs across the country. The West Region fair is Monday Jan. 29 through Saturday, Feb 3. Students can register once to attend this fair and many others. [Register Now](#)

Oregon Goes to College:

Oregon Goes to College has an [extensive scholarship calendar](#). Learn more about where to look for scholarships, how to apply and how to stay organized. Scroll down on their website to find the calendar.

Student Scholarships:

Student Scholarships.org has a list of scholarships they've compiled that is updated on a regular basis. [Check it out through the link.](#)



College Scholarships.org:

College Scholarships.org offers a [comprehensive review](#) of the leading college scholarship search engines.

They also provide accurate and up-to-date [scholarship listings](#) that don't require users to set up an account and give marketers your email address. They have an open access, free scholarship search tool. The search engine does not carry ads, offers many advanced search and sorting options and does not require registration to use.

Personalized Learning Requirement explained

The Personalized Learning Requirements personalize the diploma for each student and help them plan for their post-high school education and career goals.

Students in all grade levels are working towards the personalized learning requirements through activities and experiences that connect academic content to personal interests, talent, knowledge and skill, career exploration and planning.

The Class of 2024 will document their personalized learning experiences and activities to earn .5 credit in career education. More details will be provided as we near Trimester 3.

IGE offers expeditions

Inspiring Girls Expeditions leads tuition-free trips for high school girls each summer that interweave field science, art, and backcountry travel.

Expedition teams are selected through an application process and destinations include the US, Canada, and Europe.

For more information, see the IGE website.

Application deadlines are Jan. 31 for the US and Canada and Feb. 16 for Europe and Canada.





Keep Your Child On Track in Middle and High School: Pay Attention to Attendance

Showing up for school has a huge impact on a student's academic success. Even as children grow older and more independent, families play a key role in making sure students get to school every day and understand why attendance is so important for success in school and on the job.

DID YOU KNOW?

- Students should miss no more than 9 days of school each year to stay engaged, successful and on track to graduation. • Frequent absences can be a sign that a student is losing interest in school, struggling with school work, dealing with a bully or facing some other difficulty.
- By 6th grade, absenteeism is one of three signs that a student may drop out of high school.
- By 9th grade, attendance is a better predictor of graduation rates than 8th grade test scores.
- Missing 10%, or 2 days a month, over the course of the school year, can affect a student's academic success.

WHAT YOU CAN DO

Make school attendance a priority

- Talk about the importance of showing up to school every day.
- Help your children maintain daily routines, such as finishing homework and getting a good night's sleep.
- Try not to schedule dental and non-urgent related medical appointments during the school day.
- Keep your student healthy, and if you are concerned about Covid-19, call your school for advice.
- If your children must stay home because they are sick, make sure they have asked teachers for resources and materials to make up for the missed learning time in the classroom.

Help your teen stay engaged

- Find out if your children feel engaged by their classes, and feel safe from bullies and other threats.
- Make sure your teens are not missing class because of challenges with behavioral issues or school discipline policies. If any of these are problems, contact the school and work with them to find a solution.
- Monitor your teen's academic progress and seek help from teachers or tutors when necessary. Make sure teachers know how to contact you.
- Stay on top of your child's social contacts. Peer pressure can lead to skipping school, while students without many friends can feel isolated.
- Encourage your child to join meaningful after-school activities, including sports and clubs.
- Notice and support your students if they are showing signs of anxiety.



Communicate with the school

- Know the school's attendance policy – incentives and penalties.
- Check on your child's attendance to be sure absences are not adding up.
- Seek help from school staff, other parents, or community agencies if you need support.

Revised September 2023

Visit Attendance Works at www.attendanceworks.org free downloadable resources and tools!



CTE SIGNING DAY

LBCC Career and Technical Education (CTE) Signing Day is a celebration of high school seniors and incoming LBCC students signing letters of intent to guarantee a spot and join next fall's highly competitive college CTE programs.

CTE PROGRAMS

- ⚙️ Accounting Technology
- ⚙️ Animal Technology
- ⚙️ Automotive Technology
- ⚙️ Computer Aided Drafting & Design
- ⚙️ Culinary Arts, Nutrition & Food Systems
- ⚙️ Early Childhood Education
- ⚙️ Heavy Equipment/Diesel Technology
- ⚙️ Industrial Pipe Trades, Fitting & Welding
- ⚙️ Machine Tool Technology
- ⚙️ Mechatronics
- ⚙️ Non-Destructive Test & Evaluation
- ⚙️ Phlebotomy
- ⚙️ Visual Communications
- ⚙️ Welding & Fabrication Technology

SCHOLARSHIPS

The LBCC Foundation awarded approximately \$500,000 in scholarships the 2022-23 academic year to LBCC students. Visit Scholarships for more information. Once students are admitted to LBCC, they are eligible to apply for scholarships during that cycle.

Sign up by
March 8th



[LINNBENTON.EDU/CTE](https://linnbenton.edu/cte)



ATHLETICS & ACTIVITIES

Wrestling



Photo credit Philomath News

Wrestling won the Screamin' Eagle Tournament at Santiam Christian last weekend. The next competition is this Saturday, Jan. 27 at the Tod Sermon Classic at South Albany.

Swimming



Photo credit Philomath News

Senior night was a success with the PHS swim team sweeping first in the last home meet of the season. Over the weekend at the Cascade swim meet, there were five individual event winners.

Basketball



Photo credits PM Photography

Both boys and girls basketball programs won big last Friday night over the visiting Newport Cubs in the first league game. Next home game is Monday, Jan. 29 vs Stayton.

Athletic Information

Below you will find links to corresponding sites that will provide you with current information for athletics and activities.

[OSAA](#)

Game schedules; dismissal, departure, and return times; rosters; coaches contact information, etc.

[PHS Athletics Page](#)

Calendar, sports registration, athletic forms, athletic handbook and policies, athletic fundraisers, etc.

[Athletic.net](#)

XC and Track and Field Meet information

[Philomath News](#)

Local coverage about Warrior sports.

Please note that game times are subject to change, so please check schedules prior to scheduled events.

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