

WEEKLY WARRIOR

Official Newsletter of Philomath High School

Homecoming Week



The bonfire was held after the Powder Puff game Wednesday. For more HoCo coverage, see pages 3-4.

Conferences held next Thursday, Friday

Parent-Teacher conferences will be held next Thursday, Oct. 12 from 3:30 to 7:30 pm and then again Friday, Oct. 13 from 7:30 to 11:30 am. The following link will take you to a spreadsheet with individual teacher links that will allow you to schedule conferences with your student's teachers. [Click here](#) to make an appointment.

Graduate EVERY student and transition each of them into a job, training, or college.



Advanced Placement courses are for everyone

Did you know that students who score a one or two on an AP® Exam are more likely to attend college and graduate on time than academically similar students who don't take



AP? And they're more likely to say they're doing well or very well in college courses that cover similar content. Research has proven what educators have known for some time. No matter what their score is, students who complete an AP course and exam benefit from their AP experience.

Students stand out to colleges and scholarship organizations by completing an AP course and exam. It demonstrates that they have persisted through challenging coursework and are ready for collegiate-level material.

For more information about PHS's Advanced Placement classes and other ways to earn college credit while in high school, visit the [Expanded Options](#) information on the counseling center page on the PHS website.

Follow us on
Twitter
@PhilomathHS and
Instagram
@phswarriornation

Dates to Remember

October

12	1/2 Day for Students - Grading and Conferences in Afternoon
13	No School - Grading and Conferences
18	Chat with the Principal in Community Conference Room, 5 pm
25	PSAT Testing (Deadline to register Oct. 16)

PHS students learned about Breaking the “Code of Silence”

Last Friday, all PHS students heard an important message about Breaking the Code of Silence. This phrase is used to describe the culture among teenagers to keep quiet about things they know about that are often pretty serious. Teens keep quiet for a variety of reasons - most commonly for reasons related to not wanting to get a peer in trouble or having peers get mad at them for saying something to an adult.

PHS students know that we are counting on them to look out for one another, our school, and our community. They heard the message: Don't ever assume something is a joke.

We will be using the phrase SAY SOMETHING in the coming years at PHS to create a culture where students speak up when there is a safety concern.

We expect PHS students to break the code of silence and SAY SOMETHING to a trusted adult in the following situations:

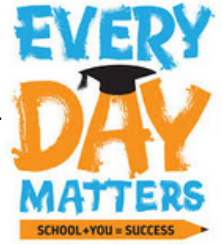
- If you know a peer is using drugs or seeking drugs on social media....say something.
- If you hear a peer talking about suicide....say something.
- If you hear about a threat to our school or another school or know there's a weapon in the buildingsay something.
- If you know a peer is being abused....say something.



Spetember Attendance Rate: 93.7%

Tips to improve your student's attendance

- Avoid extended vacations that require your children to miss school. Try to vacation during school breaks only.
- Try to schedule preventative health care appointments for days off of school, or afternoons.
- It helps to lay out clothes and pack backpacks the night before.
- For older children, help set homework and bedtime routines that allow for 8.5 to 9.5 hours of sleep. Make sure that when the lights go out, so do the cell phones, video games and computers. Consider keeping technology in another room at night.
- Don't ask older students to help with daycare and household errands that will interfere with school.
- You can turn to the school for help. Schools can connect you with community resources and help you troubleshoot.
- Visit 211info.org to discover community resources.
- Use the Attendance Tracker provided on the Every Day Matters website.



Every-Day-Matters.org

Staff gets into dress up day's for Homecoming Week!



Mr. Henderson and Mr. Dunham - "Barbenheimer"



Mrs. Mattson - BBQ Dad



Mr. Dunham & Mr. Kelly Decades



Ms. St. Clair - Decades



Mrs. Bennett- Decades



Mrs. Hanson - Decades

HoCo highlights

See next week's newsletter for pictures of Friday and Saturday's homecoming events.



ASB served the student body a pancake breakfast on Tuesday morning.

BBQ Dad

Princess Ellie Morton on Barbenheimer Day



Cheerleaders perform for the crowd at the Powder Puff game.



The upperclassmen won the Powder Puff game.



The juniors won the tug-of-war at halftime of the Powder Puff game.



Seniors Bailey Bell and Millie Grimmer celebrate the upperclassmen's Powder Puff victory.

ATHLETICS & ACTIVITIES

Girls soccer second place in league



Photo
Credit
Andy
Cripe
Philomath
News

Information

Below you will find links to corresponding sites that will provide you with current information for athletics and activities.

OSAA

- Game schedules; dismissal, departure, and return times; rosters; coaches contact information, etc.

PHS Athletics Page

- Calendar, sports registration, athletic forms, athletic handbook and policies, athletic fundraisers, etc.

Athletic.net

- XC and Track and Field Meet information

Please note that game times are subject to change, so please check schedules prior to scheduled events.

Mike Hood

Assistant Principal/ Athletic Director
541-929-3211 ext: 1104
mike.hood@philomath.k12.or.us

Amanda Bauer

Athletics & Activities Administrative
Assistant
541-929-2043
amanda.bauer@philomath.k12.or.us



WARRIORS
IN THE NEWS

Click on the link for [Philomath News](#) articles about our Warriors.

Volleyball currently in second place in league



Photo Credit Pepper Borton PM Photography

Football wins close one against Stayton



Photo Credit Pepper Borton
PM Photography

Boys soccer defeats Sweet Home



JV football vs Stayton



Photo Credit Pepper Borton PM Photography

PHILOMATH FIRE & RESCUE

and

STRENGTHENING RURAL FAMILIES

OPEN HOUSE and HEALTH FAIR

October 7, 2023
11 am to 2 pm



Come down to the Fire Station,
1035 Main Street, Philomath,
to meet your local responders
and community partners!

Activities include:
Engine Rides
Dress the Firefighter
Smoky Bear
Disaster Preparedness
Bicycle Safety
Glitter Tattoos
Arts & Crafts

Thanks to
our regional
safety
partners
and
sponsors!

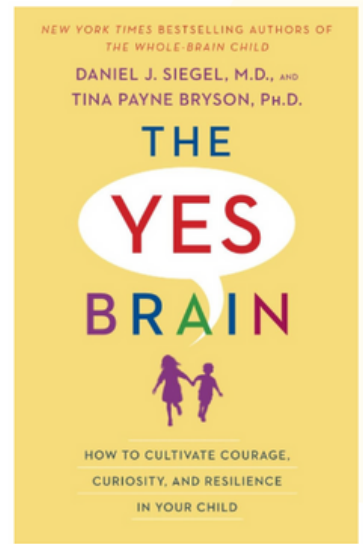
Benton County Library
Benton County Sheriff's
Mounted Posse
Benton County Health
Oregon Department of
Forestry
Jackson St Youth Svcs
Philomath Public Works

State Farm
Healing Motion
CARDV Services
Philomath Community Services
Oregon State Fire Marshal
Party Perfection
Maxtivity
...and more!



Parenting Book Club

PK McCoy, MS Early Childhood Educator & Parent Coach



Read 'The Yes Brain' by Daniel Siegel & Tina Payne Bryson with PK and other parents like yourself who want to learn some positive parenting strategies in a casual, relaxed atmosphere.

You'll learn:

- How to strengthen the the four fundamentals of the Yes Brain - balance, resilience, insight and empathy
- The key to knowing when kids need a gentle push out of a comfort zone vs. needing the "cushion" of safety and familiarity
- Strategies for navigating away from negative behavioral and emotional states (aggression and withdrawal) and expanding your child's capacity for positivity

Books will be provided to participants before the first meeting. We will meet in a casual gathering over the course of the class to talk about the ideas presented in this book and how they can be applied to your real-life situation.

5 weeks; Wednesdays,
Oct 4 - Nov 1
9:30am - 11:00am
@ Imagine Coffee,
5460 Philomath Blvd,
Corvallis, OR

For more info
or to register email:
jennifer.srf@ruralfamilies.org
or call the SRF office
(541) 929-2535

Individual coaching is available to anyone interested.



BROUGHT TO YOU BY:
Strengthening Rural Families,
LBCC-Parenting Success Network,
& DELC





Booster Club Info
Next Meeting:
Wednesday, October 11
6 pm, PHS Community Conference Room

A message from PHS Booster Club

Sign up to volunteer in concession stands

Booster Club is looking for more volunteers for football and volleyball concession stand shifts. Thank you for volunteering and helping the Booster Club support our Philomath athletics and activities!

Please note that there are both indoor and outdoor concessions on this [Sign Up](#). Volunteers and immediate family members get into the event they are volunteering at for free (limited to spouse and up to three children).

Volunteer shifts will count toward a Philomath Booster Club donation to your designated Philomath High School team or club. When you sign up, be sure to identify which team or club will receive the donation for your volunteer services.

Children are not allowed in the concession stand (unless they are high school age and working). Please no middle school or elementary kids in concessions.

Thank You! Go Warriors!