



Cub Newsletter

Character Trait of the Week =
Gratitude

Social Skill of the Week =
Following Directions



We're looking for adult readers for our Tuesday morning SMART reading program. If you have 9-10am available on Tuesdays, please contact: [Stephanie Brandt @ clemens@getsmartoregon.org](mailto:Stephanie.Brandt@clemens@getsmartoregon.org)

THANK YOU PARENT CLUB!

Our parent club has worked diligently to continue to provide amazing opportunities for our students. We can't thank you enough for all you do for our schools!! If you are interested in joining the Parent Club, please call us for more information!

Next Week November 19-23

Monday: NORMAL DAY

Tuesday: NORMAL DAY

Wednesday:

Thursday:

Friday:



Thanksgiving Break
No School



THANKSGIVING HOLIDAY

We wish you a wonderful holiday with family and friends!

Mindful movement classes began today for all KG and 1st grade students. This class is designed to teach students how to recognize their emotions and then use body movement skills to get them to self regulate. They are learning how to do "volcano breathing" and other fun movements. The curriculum for this class can be found in the office. If you are concerned in any way about this, please call for more information. Also, if you would like your child to abstain from class, we will provide other alternatives.



Flu Season



We are doing our best to make sure the school has been sprayed and cleaned to prevent the spread of germs. Unfortunately, we have seen a lot of illness recently, and we ask that we all work together to keep everyone as healthy as possible. If your child has the following symptoms: vomiting, diarrhea, fever, or discharge from eyes or sores, they must be symptom free for 24 hours before returning back to school.

