Oregon School Activities Association
25200 SW Parkway Avenue, Suite 1
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MEDIA RELEASE

OSAA ADOPTS NEW 2020-21 SCHOOL ACTIVITIES CALENDAR
Association shifts Fall season, condenses all seasons, and waives out-of-season coaching policies

August 5, 2020 – (Wilsonville, OR)

The Oregon School Activities Association (OSAA) shifted its traditional Fall sports season contests to begin in March under a new 2020-21 school activities calendar approved by the association's Executive Board on Wednesday. The Board also voted to waive current out-of-season coaching policies to allow for student participation during the Fall (Season 1). Participation will be at the discretion of the local school district in those activities allowed per directives from the Governor's Office, Oregon Health Authority (OHA) and Oregon Department of Education (ODE).

"Today's decisions by the Executive Board provide a framework to maximize the potential opportunity for students in Oregon to participate in three seasons during the 2020-21 school year," said Peter Weber, OSAA Executive Director. "The Board recognized that a one size fits all approach isn't what's best for students across the state. By waiving policy to allow regional participation this Fall, local school districts will have the discretion for participation in those areas that are able to do so safely per state directives."

The Executive Board took this action following last week's release of school reopening health metrics by the Governor's Office and OHA. These metrics will result in nearly all OSAA member high schools starting in a Comprehensive Distance Learning (CDL) format this Fall which presents challenges for the resumption of school activities. Shifting the season calendar later in the school year provides additional time for more schools to return to a hybrid or on-site learning format while providing flexibility for local school districts to make decisions this Fall that are best for their school communities as health metrics and state guidance in this area continues to develop.

The OSAA's new calendar provides for three distinct seasons from late December to late June with limited overlap between seasons. Traditional Winter activities will take place in January and February (Season 2), followed by Fall activities in March and April (Season 3), with Spring activities occurring in May and June (Season 4). Each season will feature an equitable 7-week regular season, with adjusted contest limitations, followed by an OSAA Culminating Week. Specific plans for culminating week events will be developed in conjunction with member schools in the coming months in alignment with large group gathering guidelines issued by the state.

The OSAA Association Year will officially begin on August 31 in Season 1 where policies restricting out-of-season coaching have been removed. This allows member school students and coaches, at the discretion of the local school district, to participate in any OSAA-sanctioned activity permitted by directives from the Governor's Office, OHA and ODE. This participation may include conditioning, practices and interscholastic competitions in those permitted activities provided schools adhere to OSAA policies.

The OSAA will continue to work with the Governor's Office, OHA, and ODE, along with our Sports Medicine Advisory Committee (SMAC) to provide information to member schools. Guidance from these entities continues to evolve, along with the pandemic itself, and will impact future OSAA decisions regarding the 2020-21 school year.

Visit http://www.osaa.org/coronavirus for the latest OSAA information regarding the Coronavirus pandemic.

Click here for the adopted 2020-21 OSAA School Activities Calendar.

2020-21 OSAA Season Calendar

8/17 - 1/3	12/28-1/3	1/4-10	1/11-17	1/18-24	1/25-31	2/1-7	2/8-14	2/15-21	2/22-28	3/1-7	3/8-14	3/15-21	3/22-28	3/29-4/4	4/5-11	4/12-18	4/19-25	4/26-5/2	5/3-9	5/10-16	5/17-23	5/24-30	5/31-6/6	6/7-13	6/14-20	6/21-27
Season 1																										
Sports/Activities permitted will not be designated by the OSAA but rather will be at the discretion of the local school district, provided they are allowed by the Governor's Office, OHA, ODE, and the school adheres to the directives from those entities. OSAA policies regarding out-of-season coaching limitations have been waived during Season 1 with the caveat that student participation in these sports cannot be required. All other OSAA rules and policies remain in effect at this time.																										
	Season 2																									
	Practice	Swimming								OSAA																
	Practice	Wrestling								OSAA																
	Practice	Basketball								OSAA																
									Season 3																	
									Practice	Cross Country								OSAA								
									Practice	Volleyball								OSAA								
									Practice	Soccer								OSAA								
									Practice	Football									OSAA							
																	Season 4									
																	Practice	Golf								OSAA
																	Practice	Tennis								OSAA
																	Practice	Track and Field								OSAA
																	Practice	Baseball								OSAA
																	Practice	Softball								OSAA
									OSAA Activities (No Defined Season)																	
									Cheerleading	OSAA																
														Dance/Drill	OSAA											
															Speech	OSAA										
																Solo Music	OSAA									
																	Choir	OSAA								
																		Band/Orchestra	OSAA							

8/5/2020

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2020-21 OSAA Season Calendar

Season 1 – August 31 to December 27
Sports/Activities permitted will not be designated by the OSAA but rather will be at the discretion of the local school district, provided they are allowed by the Governor's Office, OHA, ODE, and the school adheres to the directives from those entities. OSAA policies regarding out-of-season coaching limitations have been waived during Season 1 with the caveat that student participation in these sports cannot be required. All other OSAA rules and policies remain in effect at this time.

Season 2 – December 28 to March 6

- 2 Practice Weeks (must have 9 days of practice prior to first competition with another school)
- 7 Competition Weeks
- Teams/individuals that do not qualify for an OSAA Culminating Week event may continue to compete/practice through the conclusion of that sport/activity's culminating week.

Sport	First Practice Date	First Contest Date	Participation Limitation	Qualifying Date	OSAA Culminating Week
Swimming	12/28/2020	1/11/2021	8 Meets	2/28/2021	3/1-6/2021
Wrestling	12/28/2020	1/11/2021	9 Events, 11, 30	2/28/2021	3/1-6/2021
Basketball	12/28/2020	1/11/2021	14 Games	2/28/2021	3/1-6/2021

Season 3 – February 22 to May 1, 8

- 2 Practice Weeks (must have 9 days of practice prior to first competition with another school – requirement waived with participation in Season 2) ***See below for Football Practice and Protective Equipment Policies**
- 7 Competition Weeks
- Teams/individuals that do not qualify for an OSAA Culminating Week event may continue to compete/practice through the conclusion of that sport/activity's culminating week.

Sport	First Practice Date	First Contest Date	Participation Limitation	Qualifying Date	OSAA Culminating Week
Cross Country	2/22/2021	3/8/2021	9 Meets	4/25/2021	4/26-5/1/2021
Volleyball	2/22/2021	3/8/2021	14 Playing Dates	4/25/2021	4/26-5/1/2021
Soccer	2/22/2021	3/8/2021	10 Matches	4/25/2021	4/26-5/1/2021
Football	2/22/2021	3/16/2021	7 Games	5/2/2021	5/3-5/8/2021

Season 4 – April 19 to June 26					
• 2 Practice Weeks (must have 9 days of practice prior to first competition with another school – requirement waived with participation in Season 3) • 7 Competition Weeks • Teams/individuals that do not qualify for an OSAA Culminating Week event may continue to compete/practice through the conclusion of that sport/activity's culminating week.					
Sport	First Practice Date	First Contest Date	Participation Limitation	Qualifying Date	OSAA Culminating Week
Golf	4/19/2021	5/3/2021	14 Nine-Hole Rounds	6/20/2021	6/21-26/2021
Tennis	4/19/2021	5/3/2021	12 Playing Dates	6/20/2021	6/21-26/2021
Track and Field	4/19/2021	5/3/2021	9 Meets	6/20/2021	6/21-26/2021
Baseball	4/19/2021	5/3/2021	18 Games	6/20/2021	6/21-26/2021
Softball	4/19/2021	5/3/2021	18 Games	6/20/2021	6/21-26/2021

Activity Seasons			
OSAA Activities, including cheerleading, dance/drill, speech and music, are not traditionally defined by a single season. This is due to their direct tie to school curriculum (speech and music) or their dual role as both a support and competitive activity (cheerleading and dance/drill). Therefore, these activities have culminating events that fall within certain seasons but are not assigned to one designated season.			
Activity	First Practice Date	Qualifying Date	OSAA Culminating Week
Cheerleading	8/31/2020	3/7/2021	3/8-13/2021
Dance and Drill	8/31/2020	4/11/2021	4/12-18/2021
Speech	8/31/2020	4/18/2021	4/19-25/2021
Solo Music	8/31/2020	4/25/2021	4/26-5/2/2021
Choir	8/31/2020	5/2/2021	5/3-9/2021
Band	8/31/2020	5/9/2021	5/10-16/2021
Orchestra	8/31/2020	5/9/2021	5/10-16/2021

General Guidance for 2020-2021 School Year
• All Member Schools must follow all directives from the Governor's Office, Oregon Health Authority, Oregon Department of Education, and the OSAA related to COVID-19. • When scheduling contests local/regional competition should be the priority, including consideration of cross-classification play when appropriate. • Event hosts must follow OHA guidance for large group gatherings, including number of teams, participants, and spectators. This will impact planning for jamborees, tournaments, invitationals, and multi-school events.

***Football Practice Policy:** Must have nine days of on-field football practice prior to the start of contests and follow the practice progression outlined in the Practice Model. Use of football protective equipment is prohibited outside of Season 3.